



JUNIOR SUMMER PROGRAMS



SWIM

GROUP SWIMMING LESSONS

Group lessons are divided into four levels and held on Monday - Thursday of the following weeks:

June 15 - 18 | June 21 - 25
July 6 - 19 | July 13 - 16
July 20 - 23 | August 3 - 6
August 10 - 13 | August 17 - 21

Levels 1 and 3 – 10 - 10:30 AM
Levels 2 and 4 – 10:30 - 11 AM

\$40 per week | \$10 per lesson

LEVEL 1

Lessons are designed for Juniors ages 3+ to give an opportunity to have fun in the water.

LEVEL 2

Lessons are designed for beginner swimmers who are not yet ready to learn strokes, but want to work on floating, kicking and jumping into the water. Must be comfortable putting their head underwater.

LEVEL 3

Focusing on learning the front and back crawl, exploring the whip kick and elementary backstroke.

LEVEL 4

Focusing on perfecting the front and back crawl, learning elementary backstroke and breaststroke, retrieving diving rings and more!

PRIVATE SWIMMING LESSONS

Monday - Thursday | 8 - 10 AM
Friday - Sunday | 8 - 11 AM

For more information or to sign-up for private swimming lessons, contact Ivy Smith:

218.269.2068 | ivyasmith@yahoo.com

OPEN-SWIMMING HOURS

Monday - Sunday | 11 AM - Dusk

Weather permitting and only with a certified lifeguard on-duty (employed by Northland Country Club).

GOLF

JUNIOR GOLF CLINICS

Intended for Junior Golfers, ages 17 and under.

\$15 | per Clinic, per Junior (Member)
\$20 | per Clinic, per Junior (Guest)

WEDNESDAY | 8:30 - 9:30 AM

June 10 | June 17 | July 1 | July 8
August 5 | August 19 | August 26

ELITE JUNIOR GOLF CLINICS*

Intended for Junior Golfers, ages 12-17.

\$25 | per Clinic, per Junior (Member)
\$30 | per Clinic, per Junior (Guest)

WEDNESDAY | 7:30 - 8:30 AM

June 10 | June 17 | July 1 | July 8
August 5 | August 19 | August 26

JUNIOR GOLF LEAGUE

Intended for Junior Golfers ages 7-17.
3, 6 and 9-hole golf leagues.

\$10 | per week, per Junior (Member)
\$15 | per week, per Junior (Guest)

WEDNESDAY | 9:30 - 10 AM

June 10 | June 17 | July 1 | July 8
August 5 | August 19 | August 26

Advanced sign-up required.

**Designed for competitive Junior Golfers who are competing in Junior High, High School and Junior Tours.*

GOLF

ELITE JUNIOR GOLF LEAGUE*

Intended for Junior Golfers ages 7-17.
18-hole golf league.

\$10 | per week, per Junior (Member)
\$15 | per week, per Junior (Guest)

WEDNESDAY | 8:30 - 9 AM Tee Times

June 10 | June 17 | July 1 | July 8
August 5 | August 19 | August 26

Advanced sign-up required.

**Designed for competitive Junior Golfers who are competing in Junior High, High School and Junior Tours.*

CAMPS

TENNIS INTENSIVE CAMP

Designed for all levels and divided into two age groups: ages 5-9 and 10-15. This camp will cover every aspect of playing tennis in a concentrated period with strong focus on skill development. Offered immediately after school concludes, this is an opportunity for Juniors to get excited about tennis early in the season. Each session will include two hours of tennis, plus time for warm-up lunch.

\$180 | per Junior

June 8 - 10 | 10 AM - 2 PM

Advanced sign-up required.

Limited to 12 Juniors per age group.

NCC SUMMER CAMP

Designed for Juniors ages 5-13. This camp will consist of all Junior activities at Northland: Swimming, Tennis, Golf and Arts & Crafts.

\$195 | per Junior

MONDAY - THURSDAY

July 27 - 30 | 8 AM - 1 PM

Advanced sign-up required. Limited space available. Camp fees will be billed on 5/31 and are non-refundable.

TENNIS

GROUP TENNIS LESSONS

Group lessons are held on Monday, Tuesday, Wednesday and Friday of the following weeks:

June 15 - 19 | June 22 - 26
July 6 - 10 | July 13 - 17
July 20 - 24 | August 3 - 7
August 10 - 14 | August 17 - 21

Aces (*Advanced*) 8:30 - 9:30 AM

First Serve (*Intermediate*) 9:30 - 10:30 AM

Second Serve (*Beginner*) 10:30 - 11:30 AM

Top Spin (*Young Beginner*) 11:30 - 12:30 PM

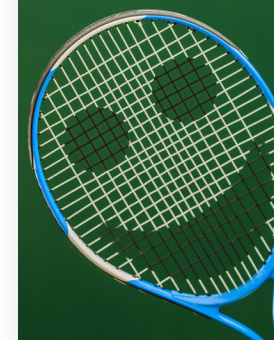
\$75 | any one week

\$200 | any four weeks

\$350 | full eight weeks

PRIVATE TENNIS LESSONS

Private lessons are available for all ages and designed to fit your busy schedule.



NORTHLAND



Country Club

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